

## Reiki Healer Training with Alana

### FAQS

#### **What is Reiki?**

Reiki is healing life-force energy, sourced from the Higher Spiritual Realms, flowing freely throughout our Universe. Through undertaking Spiritual Reiki Training, you will be energetically attuned to this endless source of spiritual energy, and as a result, become an initiated Reiki channel.

#### **Why take Reiki training?**

Reiki Training is recommended as a valuable step for those clients seeking to awaken and strengthen their innate healing abilities. Reiki can be a powerful element of your own personal spiritual journey, helping you to clear your energy and invite the presence of your Soul to more fully manifest, and is excellent vocational training for those Souls seeking to walk the path of the spiritual healer and teacher during this lifetime.

#### **What if I am already a healer? Or what if I am a beginner?**

Even if you are already a healer, Reiki can support and strengthen your healing channel offering you a new modality to add to your practice, but even more significantly, it brings you into contact with a loving source of Higher Consciousness and Love which feels beautiful and can be a loving companion on your spiritual journey. Even a beginner on the spiritual path can benefit from taking Reiki study and practice as it opens up to the Higher Self in a loving way that meets you where you are at - unconditional love and spiritual growth is what occurs through Reiki processes.

#### **How do I choose the right Reiki Teacher for me?**

There are many Reiki Masters around today, working quite differently from each other, from their teaching style, what they offer in each course and how much they charge, and even how they structure the degrees of Reiki. This can make it very difficult to compare what is being offered and to know that you are getting value for your money invested. This can make the act of choosing a teacher quite a challenging task.

I have worked with initiates who have done all their training with me, and some who have come to me for their later degrees, having worked with different teachers for each of their earlier degrees for various reasons. The feedback from the clients who had experience of several Reiki teachers over the course of their training was helpful.

Their experiences suggested that the teacher you have will very much effect your experience of your Reiki initiation, even though the energy of Reiki itself is universal (each teacher is accessing the same energy source).

Your experience will depend on how and what materials are presented to you to guide you after the Reiki teaching is completed, as well as the wisdom and awareness that a teacher holds.

There is a reason for this that is more than just the practical side of working with a more aware and experienced teacher being able to take you to a deeper spiritual experience within yourself because they 'live' in that space themselves and know it well. There is a karmic trust or responsibility that is entered into by a Reiki teacher and the initiate for the process of the initiation. The initiate is granted an interaction with the spiritual energy of the teacher during that initiation, just as your teacher will be interacting with your energy in a spiritually-intimate communion as you both reach and open for the transmission of divine intelligence through the attunement process. It is a subtle and yet powerful and incredibly beautiful encounter that is based on the relationships in that moment between the Source and the Reiki Master and Reiki Initiate.

I suggest that you talk to teachers, ask questions and trust your intuition about whom you would like to accept as your teacher. You need to know that your teacher can be there with you and guide you through the process that will occur for you as you take your initiation, because healing crisis will precede re-emerging into your new Reiki level, no matter what level you take, and no matter how much work you have already done on yourself. It happens for the Reiki teacher too, it is just part of growth that is stimulated when we connect with Divine Love. We cannot help but experience transformation through such an encounter. The more awake your teacher is, the more profound this process can be for you, and the more you will be sensibly supported and guided through it. This is why choosing the teacher that feels right for you is so important.

For further details about Reiki Training with me, please visit [www.alanafairchild.com](http://www.alanafairchild.com) or contact me directly on **0408 644 170** (outside of Australia +61 408 644 170) or at [alana@alanafairchild.com](mailto:alana@alanafairchild.com) Blessed be!

---

Find out more about healing with Alana, Soul Therapy, Reiki Training and enjoy meditations and spiritual guidance at [www.alanafairchild.com](http://www.alanafairchild.com)

---

