

THE  
KUAN YIN  
TRANSMISSION™

MUSIC, MANTRA  
& MEDITATION  
WITH THE  
UNIVERSAL MOTHER

KUAN YIN is a divine guardian, protector, goddess and guide who loves all beings unconditionally. We invoke her special presence in our lives by simply calling on her name. She is accessible to us all. By calling her name, we empower her to empower us with her protection, blessings, support and infinite resourcefulness. She blesses us with material prosperity in the physical world and by helping us make genuine spiritual progress on the spiritual path, too.

Kuan Yin manifests in numerous forms, in different religious, cultural and spiritual traditions (both male and female, Eastern and Western), so that she can help as many beings as possible. In this album you'll meet some of those forms, including the Divine Light of Shiva and faces of our Universal Mother who I like to call the Cosmic Madonna. As Isis (the ancient Egyptian goddess of love and magic), Tara (the Tibetan star goddess), all-loving Mother Mary (from the Christian and Islamic traditions) and Kali (the wild Black Madonna of India), Kuan Yin is a living treasure of sacred feminine wisdom and infinite divine resources.

Anyone can benefit from Kuan Yin's blessings by opening their heart to her, which is exactly what this album has been created to do for all who listen to it. You may enjoy some mantras or meditations more than others—trust that. Pursue what you love and allow your unique journey into the loving sanctuary of the Universal Mother to bring you delight, comfort, confidence and peace.

This album of music, mantra and meditation is a stand-alone offering to support your soul growth and personal healing. You can do the guided meditations alone or with a group. Listen to the mantras and sing along on your own or with others. During your day, you can play them quietly in the

background to create light, healing and protection in your environment as well as in your mind and body. You can listen to some of the more peaceful mantras before you go to sleep each night. The Vajrasattva mantra, in particular, has been created for that purpose.

This album can also be used in conjunction with the other creative offerings that belong to *The Kuan Yin Transmission™* project. *The Kuan Yin Transmission™* deck includes 55 activation cards for connecting with the sacred feminine. The *Kuan Yin Transmission™* book discusses my personal and spiritual journey into the beautiful heart of the Universal Mother, describes many of her faces and includes protection and purification processes. There is also in-person training where you can become empowered to be an active channel of the Universal Mother, able to generate healing energy for yourself, others and our planet, through *The Kuan Yin Transmission™* healing modality that anyone can learn.

Alana Fairchild offers this special in-person training program globally. For full details for events in your country, please visit the events page at [alanafairchild.com](http://alanafairchild.com). We warmly invite you to join us.

*The heart of the Universal Mother holds your own. May this work awaken the light of wisdom, compassion, creative resourcefulness and spiritual playfulness in your heart, for the benefit of all beings.*

**DISC ONE:  
MUSIC AND MANTRA WITH  
THE UNIVERSAL MOTHER**

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**TRACK 1  
SHIVA — OPENING TO LIGHT**

Shiva clears poisons of all kinds and opens our consciousness to higher realities of love, clarity and freedom. These mantras invoke his presence, helping us release fear and become willing to live our lives to the full. Shiva is known as truth, consciousness and bliss. Connecting with his presence awakens our capacity to feel the true nature of our being. He is peace, he is luminous presence, he is without need and supports everything. He illuminates the entire universe with conscious light. He is beyond this world, and yet, present within it. He is protector, guardian and initiator. He is the sacred divine masculine energy. His energy is wrathful, so to become more powerful in our minds and our hearts than our fears. Shiva is a luminous, protective form of Kuan Yin, with a blue throat that can capture poisons and keep us from harm. May his light bring peace to all beings.

**MANTRA**  
*Om Nama Shivayah*  
*Om Namo Nama Shivayei Namaha*

*Om Namah Shivaya Gurave*  
*Satchidananda Murtaye*  
*Nishprapanchaya Shantaya*  
*Niralambaya Tejase*

*Om Tryambakam Yajamahe*  
*Sugandhim Pushti Vardhanam*  
*Urvarukamiva Bandhanan*  
*Mrityor Mukshyie Maamritat*

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**TRACK 2  
KUAN YIN — ATTRACTING SUPREME BLESSINGS  
THROUGH THE HEART**

Kuan Yin is an extraordinary emanation of the Universal Heart, an expression of divine love and the underlying source of all divine faces of love in all traditions. In China, she assumes female form as a loving protective Madonna and goddess of compassion. In India and Tibet, she assumes a male form and becomes known as Chenrezig (in Tibetan) and Avalokiteshvara (in Sanskrit). The *Buddhist Sūtras* or scriptures teach us that she takes the form that many

know as God. You can belong to any religious or spiritual tradition, or to none, and love her and receive her love freely. This song is a loving affirmation of our greatest friend, mentor, guardian, ally and protector. It is a request to transform the negative into the positive and experience happiness, freedom, fulfilment and blessings in such a way that all beings benefit. May her blessings flow abundantly into all hearts.

### MANTRA

*Namo Gana Try yah-yah Namō Ar-yah Jarnah  
Sagarah, Vay-roachanah  
You-harah Jaiar Tat-ba-gaat-ayah  
Arāhate, Samyasam Buddhaya  
Namo Sarwa Tathagate Bey Anahata Bey  
Samyasam Buddhē Bey Namō Arya Avalokitey  
Shoraya Bodhisattvaya  
Maha Sattvaya, Maha Karuniekaya  
Tadyata, Om tara tara  
Tiri Tiri, Turu Turu  
Itte Wei, Itte Chalei Chalei  
Pura-chalei Pura-chalei  
Kusume Kusuma Wab  
Rei Ili Milli, Chiti Tullam Apanaye Shoha  
Om Namō Kuan Chi Yin Poosa  
Om Mani Padme Hum*

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### TRACK 3

### TARA — DANCING IN THE GRACE OF OUR STAR MOTHER

Tara is a cross-cultural, multi-faceted goddess who manifests in numerous colours and forms to meet the needs of all beings. She is active on all levels of existence and has a special skill for helping us overcome fear. With stomping feet and wild laughter, she conquers negative energies with a free and joyful spirit. Tara manifests in gentle forms to soothe and protect us from harm and to bring blessings of prosperity, peace and fulfilment. She manifests herself in wrathful and semi-wrathful forms to teach us how to conquer negativity and attract all good things into our lives. She is an enchantress who teaches us how to wield a loving influence in the world. She is a divine mother to whom we can always turn for help, without fear of being judged. May her compassion and wisdom nurture the true light and wisdom within all beings.

### MANTRA

*Om Tare Tuttare Ture Soham  
Om Tare Tam Swaha*

*Om Tare Tuttare Ture Mama Ayur Punyah Jana Putim Kuru Swaha  
Om Tare Tuttare Ture Namah Tare Namō Hara Hung Hara Swaha*

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#### TRACK 4

### KALI — SANCTUARY IN THE HEART OF OUR WILD MADONNA

Kali is not for the faint hearted. She is a wild, relentless emanation of divine feminine power. She is a warrior goddess and takes on negative energies with fearlessness and effectiveness. As intimidating as she can seem to the parts of us that don't want to evolve and embrace a process of letting go of the past or be open to a more authentic and confident expression of self, she is still our loving mother. Kali will assist us when we know we need to do something but are afraid or doubt what we can do. We can seek her spiritual shelter at any time, but during the dark nights of the soul, when we feel tested or afraid beyond our limits, she is our great ally and companion. Kali will devour our fear and doubt, and in doing so reveal the true depth and beauty of our inner nature. This is her special grace. Kali is there for us when we need to know the Divine is bigger than any negativity we may perceive in the world or in ourselves. May her wisdom protect and guide all hearts to their truest fulfilment.

#### MANTRA

*Om Krim Kaliyei Namaha*

*Jai Kali Ma  
Jaya Kali Ma  
Jai Kali Ma  
Jaya Kali Ma*

*Om Kali  
Sri Ma Kali  
Jai Ma Kali  
Jai Jai Ma*

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#### TRACK 5

### MOTHER MARY — BLESSINGS OF OUR MIRACULOUS MOTHER OF SOLAR LIGHT

Mother Mary heralds from the Christian tradition and is also honoured in Islam. This is a clue to her potential to be a unifying presence in the hearts of human beings. Mary is available to all of us. She is the Divine Mother who took human form and bore great loss. The theme of suffering is common in her teachings. The Divine Mother is not separate from us, far away in a celestial paradise . . . well, she does dwell in profoundly beautiful realms of being, but she has never turned away from us. She participates in life's mysteries and through the greatest depths of pain along with us, so that we know we can trust her, that she 'gets it' and understands what we are going through. Her divine power can bring us the courage to rise above our darkest times, so our spirit can grow stronger through all our experiences. Mary is a great nurturer and support for the soul. She empowers us so that we may journey to discover and live into our true purpose with generosity and grace.

## MANTRA

The combination of prayer and mantra below is a creation of my own heart and experience. The prayer is from the Catholic tradition in which I was raised, a Latin version of the first two lines of the beautiful *Hail Mary* prayer. The mantra which follows invokes the Tibetan and Taoist goddess of the dawn known as Wozer Chenma (in Tibetan) and Marici (in Sanskrit). She is seen as an emanation of the spiritual rays of light, represented by the light of the sun. I believe she is the same being as the woman clothed in the rays of the sun in the Book of Revelations in the Bible, commonly held to be Mary. I describe how I came to that awareness in *The Kuan Yin Transmission™* book.

*Ave Maria, Gratsia Plena  
Sancta Maria, Mater Dei-e*

*Om Marici Moom Swaha  
Charro Charro La Charro Baal Charro  
Gyed Bey Nyema Charro  
Herset Jenma Charro  
Om Marici Moom Swaha*

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## TRACK 6

### GODDESS ISIS — INVOKING THE PROTECTION AND EMPOWERMENT OF HER MAGICAL HEART

The ancient Egyptian goddess of love, magic, healing and leadership is the queen known as Isis. She holds a special place in the hearts of many who feel a connection to her profound love, courage, wisdom and strength. Isis teaches us how to live from the heart and to overcome negativity by remaining true to ourselves and never losing our connection to integrity, grace, forgiveness and creativity. She is determined, clever and uses her spiritual knowledge to influence, restore and repair that which has been damaged by extreme negativity. Isis teaches us how to be free from fear and doubt, and to move through love and loss so that we grow spiritually stronger through every experience. She knows how to transform even great loss into empowerment and spiritual gain. May her sacred alchemy transform the suffering of all beings into grace, love and light.

## MANTRA

Unlike the mantras above, which come from an established spiritual lineage, the traditional prayers to Isis are scant. The names of Isis which are included here come from the *Greek Magical Papyri* which outlines various names and prayers to Isis. I have selected the names that relate most directly to the Universal Mother's form as Isis and include Auset, Weret, Sopdet (the star goddess of Sirius). The mantras call upon her as an emanation of the supreme feminine divinity and are based on the feeling and knowledge they inspire. In my heart they resonate with

the love and power of Isis. The mantras are predominantly Sanskrit, as, for me, the sounds and vibration of this language evoke sacredness. It is also the mother of many languages. Some scholars believe it was first spoken in the Middle East, later expanding into India. This is an unconventional invocation to Isis, but a powerful and effective practice nonetheless.

*Maha Isis Ma Namō Namaha*  
*Namastasyai, namastasyai, namastasyai, namo namaha*  
*Om Sharanum Devi*

*Maha Auset Ma Namō Namaha*  
*Namastasyai, namastasyai, namastasyai, namo namaha*  
*Om Sharanum Devi*

*Maha Sopdet Ma Namō Namaha*  
*Namastasyai, namastasyai, namastasyai, namo namaha*  
*Om Sharanum Devi*

*Maha Weret Ma Namō Namaha*  
*Namastasyai, namastasyai, namastasyai, namo namaha*  
*Om Sharanum Devi*

*Maha Isis Ma Namō Namaha*  
*Namastasyay Namastasyay Namō Namaha*

*Om Sharanum Devi*

*Om Hrim Shrim Klim Parameshwari Swaha*  
*Namastasyay Namastasyay Namō Namaha*  
*Om Sharanum Devi*

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## TRACK 7

### VAJRASATTVA — BLISSFUL LULLABY OF THE BUDDHA OF LIGHT

Vajrasattva is a loving Buddha of white light, healing and blessing. Seated above the many Buddhas that assist all beings, he is often regarded as the ādi-buddha or the primordial Buddha from whom all other Buddhas emanate. When we call upon him, he manifests love, purification and spontaneous awakening as he cleanses our being from karmic energies, negative patterns and the continual momentum of thought. His mantra cleanses our bodies and minds like a spiritual shower. It has a similarly cleansing and purifying effect on our environment, which makes his mantras ideal for space clearing as well as emotional and psychological healing. I fell in love with Vajrasattva when I learned that his downpour of white light could flush the negative energies out of us, and in doing so, feed those beings who could be nourished by such energies, in a way perhaps akin to that of fertiliser nourishing plants. That he knew how to cleanse and nourish all beings brought peace to my heart. May the karmically healing properties of his light reach all beings in need.

## MANTRA

*Om Vajrasattva Samaya*

*Mano Palaya*

*Vajrasattva Tenopah*

*Dista Dritro Mehboba*

*Suito Shyo Mehboba*

*Supo Shyo Mehboba*

*Pano Rakto Mehboba*

*Sarwa Siddhi Mey Prayaccha*

*Sarwa Karma Suitchim Bey*

*Chittum Shiria Kuru Hom*

*Ha Ha Ha Ha Ho*

*Bhagavan Sarva Tathagata Vajra*

*Mumie Mucha Vajri Bhava*

*Maha Samaya Sattva*

## DISC TWO: GUIDED EMPOWERMENTS WITH THE UNIVERSAL MOTHER

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### MEDITATION 1

#### KUAN YIN — TANTRIC DEITY YOGA AND CRYSTAL EMPOWERMENT

This exercise will take you into loving unity with the Universal Mother as you dedicate a crystal to her work in your life and the world. This meditation increases your inner capacity to hold the light of Kuan Yin in your heart and receive her blessings and protection. Work with any crystal you wish, but an egg-shape or sphere quartz crystal, such as clear or rose quartz, is preferable. Be mindful that your crystal will be solely dedicated to Kuan Yin and used for no other purpose. You can also complete this exercise by visualising a crystal instead.

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### Meditation 2

#### TARA — Purification with the Heart Tantra of Light

This practice connects you with the Goddess Tara and empowers your relationship with her to facilitate space clearing within yourself and your environment. This exercise brings healing, blessing and protection to you and all those people, places and beings (including animals) that you wish to bless with the loving seal of the Universal Mother.



**DISC THREE:  
GUIDED ACTIVATION OF THE  
DIVINE FEMININE ESSENCE**

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**Meditation 3  
MANDALA OF THE COSMIC MADONNA —  
Activation of the Chakra of the Universal Goddess**

This practice invokes the healing power of the five sacred elements. An activation via the power of the divine feminine is integrated with invocation of the five sacred faces of the Cosmic Madonna in a mandala blessing. It is a loving practice to receive and share multiple blessings whilst opening to a healing experience of unity.

**DISC FOUR:  
GUIDED HEALING MEDITATIONS WITH  
THE UNIVERSAL MOTHER**

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These meditations may be done individually or completed as one in-depth journey with three faces of the divine feminine.

**MEDITATION 4  
KALI MA — BLESSING OF THE BLACK CRYSTAL TREASURE VASE**

Within the depths of our being, there are wisdom treasures to be found. Kali Ma offers a blessing for karmic cleansing through the healing empowerment of the black crystal treasure vase. The treasure vase is a powerful divine symbol for the fulfilment of desires through deep healing which brings forth abundant blessings in all ways. Kali helps to ground and fortify your being, freeing you from oppression and restraint, and opening your soul to blessed new horizons.

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**MEDITATION 5  
MOTHER MARY — OUR MADONNA'S PROMISE OF  
FULFILMENT AND PROTECTION**

The Divine Madonna cares for the soul with astonishing skilfulness, knowing exactly how to meet our needs, with far more grace, ingenuity and resourcefulness than we anticipate. In this guided process, Mother Mary meets us with love, helping us to deepen our unconditional trust in the generous grace, affection and attention of the Divine Mother so that we empower her blessings in the hearts of all in need, including your own beautiful heart. It is a meditation into the sanctuary of the Divine Mother's promise to our hearts.

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MEDITATION 6  
GODDESS ISIS — BLESSINGS FROM OUR STAR MOTHER  
OF ALCHEMICAL UPRISING

Isis is for those of us who choose to live by the heart's wisdom. She is the priestess guarding the thresholds of the heart. She doesn't just watch over us when we are going through heartbreak, she is the process, she is our capacity to bear it, to be in it and not turn away, even when we want to judge, blame, switch off and otherwise avoid the pain of whatever we are going through. She guides us through the dark night of the soul and empowers us to move through closure into creative new awakenings. In this guided process we connect deeply with the goddess Isis, our star mother and a soul alchemist who helps us arise after challenge with dignity, grace and magic.

ABOUT BEST-SELLING AUTHOR AND SPIRITUAL TEACHER  
ALANA FAIRCHILD



*The Divine Mother told me about this project many years before it was time for it to come together. By then, I was familiar with her creative and unconventional ways and trusted in her process — which took me from my home in Australia into the wild peaks of the Himalayas in Tibet where her final blessing for this work was given in a beautiful synchronicity. I have sought to honour her beauty, grace, healing and protection through my work for the past two decades. She has been my best friend, ally, divine mother, comfort, and my restoration when life has presented its various challenges. The best way I can express my gratitude for the incredible generosity she has bestowed upon me, is to help others connect with her as I do, so that they too can receive and give of her grace. It is so needed in our world, where many struggle to find the peace and courage to live their authentic soul journey. If you would like to find out more about me or my work, please visit my online home: [www.alanafairchild.com](http://www.alanafairchild.com)*

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